

AYS SOCCER TOURNAMENT RULES

4th & 5th Grade & 6th Grade

US Youth Soccer Official U10 Playing Recommendations

Rule 1 – The Field of Play

Rule 2 – The Ball: Size four (4).

Rule 3 – The Number of Players: A match is played by two teams, each consisting of not more than eleven players, one of whom is the goalkeeper, and at least 2 girls on the field at all times **(unless agreed upon by coaches)**. Substitutions: At any stoppage and unlimited.

Rule 4 – The Players' Equipment: Uniforms must distinguish teams. **NO CLEATS**, no exceptions. We won't allow any player to play if he or she is wearing cleats. Shin Guards are recommended but **NOT** required.

Rule 5 – The Referee: Registered referee, all rule infringements shall be briefly explained to the offending player.

Rule 6 – The Assistant Referees: Not required.

Rule 7 – The Duration of the Match: Conform to FIFA with the exception of the match being divided into two (2) equal halves of eighteen (18) minutes each. There shall be a half-time interval of five (2) minutes.

Rule 8 – The Start and Restart of Play: Conform to FIFA with the exception of the opponents of the team taking the kick-off are at least eight (8) yards from the ball until it is in play.

Rule 9 – The Ball In and Out of Play: Conform to FIFA.

Rule 10 – The Method of Scoring: Conform to FIFA.

Rule 11 – Offside: if in doubt REF WILL NOT CALL IT!!! Only if obvious.

Rule 12 – Fouls and Misconduct: Conform to FIFA. **No slide tackle** (foul will be called)

Yellow cards will be sub immediately (5min).

Rule 13 – Free Kicks: Conform to FIFA with the exception that all opponents are at least eight (8) yards from the ball.

Rule 14 – The Penalty Kick: Conform to FIFA with the exception that the penalty mark is made eight (8) yards from the midpoint between the goalposts and equidistant to them.

Rule 15 – The Throw-In: Conform to FIFA.

Rule 16 – The Goal Kick: Conform to FIFA but with **NO** Build-Out Line. No Built-Out line enforced on goalie possession/live ball and goalies are allowed to punt the ball on possession. The ball is in play when it is kicked directly out of the penalty area.

Rule 17 – The Corner Kick: Conform to FIFA with the exception that opponents remain at least eight (8) yards from the ball until it is in play.

Heading is **NOT** allowed for 4TH/5TH Grade. **Only 6th grade is allowed heading**

For 6th Grade the only change is the dimension (the field is bigger) and halves are 20 minutes (and heading is permitted for 6TH Grade only). The rest remain the same.