

Name: _____

Quiz on City of Manhattan Beach Parks & Recreation 7 on 7 Coed Soccer League Rules

Updated Jan 2015

1. T F The home team wears dark jerseys.
2. T F Shin guards are mandatory.
3. T F A team which cannot field 6 players 5 minutes after the scheduled start time goes down by 1 goal and forfeit after 10 minutes.
4. T F A team may play with fewer than six players by agreement with the opposing manager as long as they maintain a ratio of one female to every two male players.
5. T F The team forfeiting shall be declared the loser by a score of 2 goals to 0.
6. T F Referees are responsible to set up the two goals and move items from field.
7. T F The duration of the Matches are 25-minute halves and a 5-minute halftime.
8. T F The Referee must check all players against the team roster before the match.
9. T F The Home team decides which end to defend in the first half and kicks off.
10. T F The Ball has to move forward on a Kickoff.
11. T F A Goal can be scored directly from the kickoff.
12. T F All restarts for fouls are Indirect Free Kicks. **(some may be PKs ☺)**
13. T F No more than 2 defensive players can be in a wall. All other defenders have to be 5 yards from the ball.
14. T F Substitutions occur with the Referee's permission on the sidelines with the players entering and exiting the field at approximately the same location near mid field. The substitute can only enter the field after the player who is being substituted for has left the field.
15. T F An unfair substitution shall result in an direct Free Kick for the opponent at a point determined by the Referee.
16. T F Sliding/Slide tackling/Playing on the ground is allowed as long as the Referee feels it is safe.
17. T F A goal may be scored directly from a corner kick.
18. T F A goal may be scored directly off a goal kick.
19. T F Offensive and defensive players may not be inside the goal area until the ball is inside the goal area.
20. T F During a shot on goal, if the defensive team has a player in the goal area prior to the ball entering the area, a Penalty Kick will be rewarded to the opposing team.
21. T F During a shot on goal, if an offensive team has a player in the goal area prior to the ball entering the box, a goal kick will be awarded to the defensive team.
22. T F Penalty Kicks are taken 12 yards from the goal area.
23. T F Penalty Kicks are not complete until a goal is scored, the ball stops moving, or the ball leaves the field of play.
24. T F Once the Penalty Kicks is taken the ball cannot be touched by any player.
25. T F The Penalty Kick is retaken if an opponent touches the ball before it stops moving.
26. T F An Indirect Kick is awarded to the defending team if a member of the Kicking team touches the ball during a Penalty Kick before it stops moving.
27. T F During a Penalty kick, except for when an infraction occurs, the opponent restarts the match with a kickoff, Goal kick, Indirect free kick, or throw-in depending on the result of the.
28. T F Penalty Kicks are used to determine winners of tied matches.
29. T F Fouls occurring within 1 yard of the goal area, result in an indirect free kick 5 yards from the infraction.
30. T F Any foul committed by a Defender in the Goal Area results in a Penalty Kick for the opponent.
31. T F A player who receives a Yellow card must sit out for 3 minutes.
32. T F A player who receives a Red card will be removed from the remainder of the match with his/her team playing "short" for the remainder of the match.
33. T F Sent off players must give her/his name to the Referee. If the Referee is not given the player's name, then the match will be stopped and the offending team will forfeit, regardless of the score.
34. T F "Kicks From the Mark" (KFTM) are used to determine an winner during playoffs.
35. T F Only players on the field at the end of regular time may participate in KFTM.
36. T F If one team has more eligible players then the other team that team must "Reduce to Equate."
37. T F A set of 5 Kicks will be taken by 5 different players alternating between male and female kickers.
38. T F Best of 5 determines the winner or 1 v 1 "Golden Goal" kick-off rounds occur until a winner is determined.
39. T F In KFTM, a player may not take a 2nd Kick until all teammates have kicked. Same for additional 1 v 1 rounds.
40. T F In KFTM, If all players have taken a Kick the teams can reorder their kickers for the additional 1v1 kicks but must alternate between male and female kickers until all females have kicked.