

## **Junior Soccer League Rules by age group**

**Rio Vista YMCA Soccer program will adhere to the latest version of the FIFA/USSF Laws of the Game, with the following modifications or points of emphasis:**

### **General rules for all divisions:**

- No Jewelry at all
- Free subs on every dead ball
- Bench clearing at halves
- No turf shoes or athletic shoes, only soccer cleats
- No slide tackling in any division, an Indirect Free Kick will be awarded at the spot of the infraction. A Slide Tackle is defined as any attempt to play the ball while any part of the body, except the feet, is on the ground.

### **Age 4 - 5, No Ref in this age group!**

- 5 versus 5 with NO goalkeeper, minimum number of players 4
- NO heading
- Goal Size- 4 x 8
- Ball size- 3
- Balls going out of bounds are kicked back into play (no throw ins)
- No corner kicks.
- Duration of game: 2-x 16 minute halves.
- Only one coach per team is allowed on the field during play near touchlines to assist in placement during dead balls. Coaches/Asst Coach/parents allow on the field as needed.
- No scorekeeping
- There will be a 3rd yard arc will be around the goal. Players will be allowed to move into and through the zone but will not be allowed to stay unless they are playing ball.
- Players can be anywhere on the field except for inside goal.
- NO offside

### **Ages 6 - 7**

- 5 versus 5 plus goalkeepers. (Total of 6 players)
- Minimum number of players is 4
- NO heading
- Goal Size- 6x12
- Ball Size- 3
- No penalty kicks (possession will be given to the injured players team with a Direct Free Kick a minimum of 3 yards from the goal line)
- No throw-ins, balls going out of bounds are kicked back into play
- Corner kicks apply
- Goal kicks: opponents must be (5) yards from the ball.
- Duration of Game: 2x 20 minute halves
- Offside will be enforced

### **Ages 8 - 9**

- 6 versus 6 plus goal keepers. (Total of 7 players)
- Minimum number of players is 4
- NO heading
- Goal Size- 6x12
- Ball Size- 4
- Penalty Kicks apply
- Duration of game is 2x25 minute halves.
- Goalie will be substituted each quarter
- If a foul is committed and to stop play would give an advantage to the offending team then the referee may continue play by calling ADVANTAGE, then take care of the situation after play.
- Offside will be enforced

**Ages 10 - 12**

- 6 versus 6 plus goal keepers. (Total of 7 players)
- Minimum number of players is 4
- Heading is allowed
- Goal Size- 6x12
- Ball Size- 4
- Penalty Kicks apply
- Duration of game is 2x25minute halves.
- Goalie will be substituted each quarter
- If a foul is committed and to stop play would give an advantage to the offending team then the referee may continue play by calling ADVANTAGE, then take care of the situation after play.
- Offside will be enforced